# 14th Annual Indiana Affordable Housing Conference Panel Session: Housing for Special Populations



Housing for Persons with
Substance Use Disorders
And Related Challenges
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### Key Points For This Presentation

- Best practices in housing and service delivery
  - Evidence based practices
  - Evidence based processes
- Sustainability issues

#### Perspectives for Housing

- Diagnostic Perspective: American Society of Addiction Medicine, Patient Placement Criteria 2R
- Functionality Perspective: The functional and adaptive skill level of the person, guides the housing placement.
- Supportive Services Perspective: Housing first, with supportive services accessibility.
- **Strengths Perspective**: The persons strengths, resiliencies, and community guide the housing placement.

#### Types of Substance Related Housing

Inpatient	Acute Care	Residential	Therapeutic
	Medical Detox	Acute care	Community
Wet Housing	Damp Housing	Out Patient Detox	Half Way House
Three	Supervised	Semi	Cluster
Quarter	Group Living	Independent	Apartment
House		Living	Living

Housing with Integrated Supported Services Tailored and Accessible to the Individual

#### KEY FACTORS IN RECOVERY

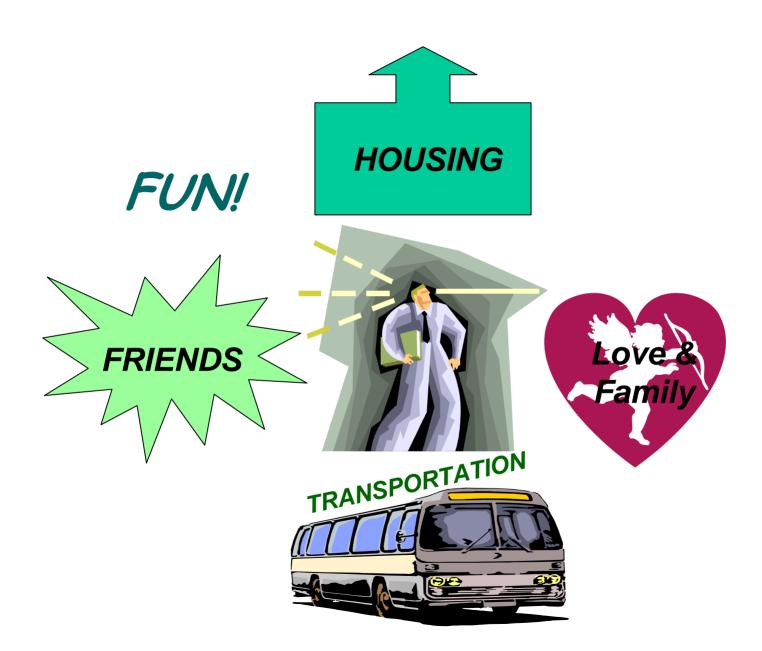
- ➤ Perception of the Illness as only a part of the person
- A sense of personal control and ability to manage symptoms
- > Hope
- > Purpose
- ➤ One caring person who can mir back to them their well parts.

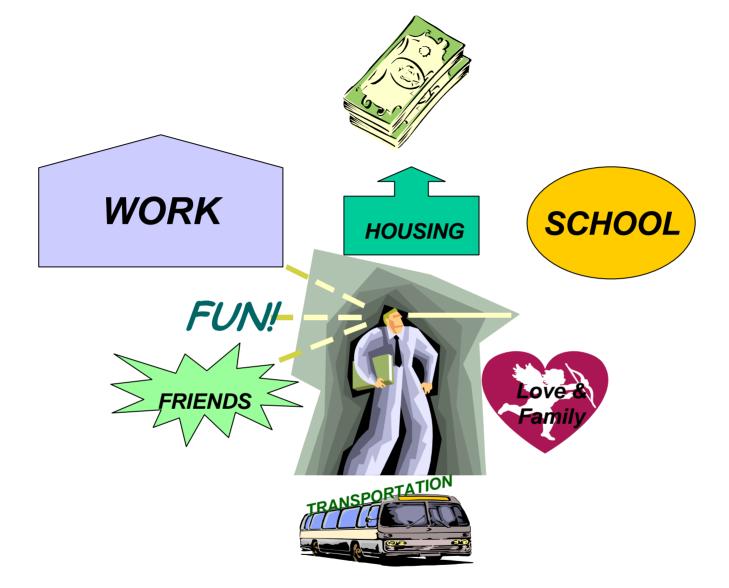
## COMMUNITY AS A RESOURCE FOR STRENGTHS & RECOVERY!

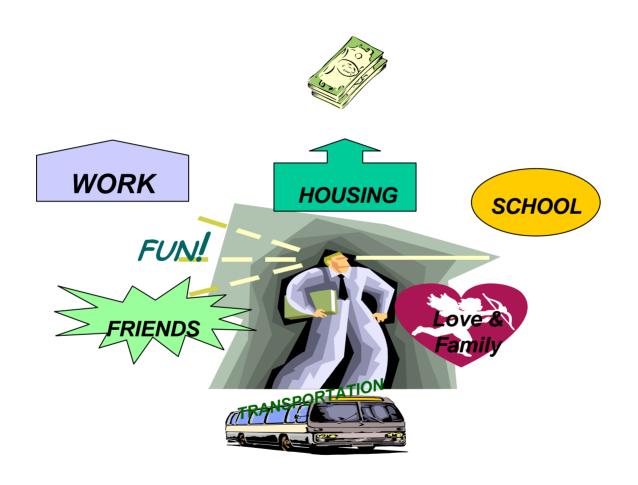


Explore the wealth of community resources within the persons experience

and potentially available to them!











#### CLIENT BASED OUTCOMES!!!

Avoidance or prevention of

#### **Spirit breaking events:**

- ✓ Substance &/or psychiatric related hospitalizations
- ✓ Incarceration
- **✓** Homelessness
- Moving toward:
  - ✓ Independent living
  - ✓ Sobriety & improved mental health
  - ✓ Improved health and preventive health care resources
  - ✓ Caring & supportive relationships
  - ✓ Competitive employment & career development
  - ✓ Education (literacy, GED, degrees)
- Achievement

#### KEYS TO SUSTAINABILITY

- Accessible & affordable HOUSING WITH INTEGRATED SUPPORT SERVICES through Resource Coordination!
- Grant funding does not equal sustainability. We need to retool existing public system & government funds and integrate other fiscal and human resources.
- Empowerment & entitlement benefit resources for disabled individuals are under funded, difficult to access, and subject to discrimination, stigma and prejudice.
- Current housing and treatment capacity is significantly below level of need.
- Systemic change calls for creating a highly coordinated, cost effective and efficient, integrated interface between public systems and consumers of care.
- The Blueprint to End Homelessness is a start.



One Client One System